

Aherlow LGFA Coaches Reports 2025

Under 6's

Myself and Molly had the U6 age group. On average we had approximately 6-8 girls at every session. Our focus was to introduce the girls to the very basics of Gaelic football, catching, kicking, running, passing and some shooting. This was done in a mostly noncompetitive fun way which the girls enjoyed. The drills were above all structured towards as much movement for the girls as possible and getting used to handling and playing with a Gaelic football. Girls for the most part weren't involved in blitz activity but we would feel that next year a lot of these girls would be able for small sided games given the foundation level training they received this year.

Michael Gribbin

Under 8's

Aherlow LGFA currently has a relatively large group of U8 girls, approx 20 in total when all are available\present.

Training numbers are relatively consistent, and the girls appear to be enjoying the training as a whole.

We have been able to field relatively strong teams for a number of the blitz's held throughout the year. In some instances, we could field 2 teams for these events.

The challenge has been ensuring we give the girls equal and ample game time. There is a strong opportunity to build a very capable group of players from this U8 group as they progress to U10 and U12. This will be the focus of the trainers over the next few years and also to ensure that we keep the attendance high.

Liam Lewis

Under 10's

Under 10's girls football completed their season with an average of 10 players at training and at blitz's. We played blitz's in Cahir, Martinstown, Solohead, Bansha, Arravale and home blitz's. The girls developed their skills including the solo and have learned to hold their position on the field and play as a team. We completed our season with a team bonding trip to UL climbing wall where girls learned some new skills and demonstrated great strength to complete the tasks, I would be delighted to train these great bunch of girls again if I was needed for the next season, thanking you, Noelle.

U12's Muskry – Cáit Hennessy

They were lovely girls to work with. Muskry had two wins against Golden with the help of a few older girls and a challenge game against Arravale on an evening we had everyone. They played really well that evening and worked well together.

Despite losing most of the league games they were resilient, hardworking and never gave up and I am hoping these qualities stand to the going forward. We also had a few games where they played with older girls, and it was great to see how well they slotted in and held their own and they all played better when they got a better quality of ball and weren't chasing the game. Overall, I think they all developed their skills and made progress this year and I hope they all had fun and enjoyed it.

U12's



Curra Team



Muskry Team

As we have in previous years we had two U12 teams with a total of 32 girls representing the club at this level ranging in age from 9 to 12. These girls played some great football over the summer with the league ending with a blitz in Cahir. We also played a number of challenge games against our neighbouring clubs; Galtee Rovers, Lattin Cullen Emly and Arravale Rovers.

The 13 girls on our Curra team were on the age and hopefully will all return for the 2026 season ready for the challenge of U14 competition.

For the league Curra played Golden/Kilfeacle, Cappawhite, Rosegreen, Clonmel Commercials and Moyle Rovers

Our Muskry team was made up of our younger U12 girls and our older U10's. During the summer this team said goodbye to Evelyn Ryan who along with her family relocated to England and we wish her all the best with her new LGFA club.

For the league their opposition were Clonmel Commercials, Golden/Kilfeacle, Cappawhite and Rosegreen

The girls on our Curra team travelled to Nemo Rangers in Cork to play in a Munster U12 blitz and many thanks to the club for subsidising the cost of the bus for the trip. On the day the girls played exceptional football. We played Erin's Own, Holycross/Ballycahill, Mallow, Stradbally and Glanmire.

These are a great group of girls who have a willingness to learn and develop under their coaches. I would like to thank Cait Hennessy, John Maguire and Peter Leonard for all their help over the last season in coaching and mentoring the girls.

Tipperary LGFA over the summer held a development program for U13's and our club was well represented by Anya O'Mahony, Doireann Moloney, Ciara Hayes, Kiara Sheehan, Aoife Kiely, Grainne O'Brien and Ava Leonard. The girls played a number of blitz's under this program against other Munster and Leinster teams.

Deirdre Hayes

U13's



Back L-R: Chloe Crocker, Caoimhe McGrath, Aoife Meade, Aoife Kiely, Ava Leonard, Ciara Hayes, Fia Sexton, Anna-May Chapman, Kitty O'Dwyer, Aoibhinn McGrath, Lucy O'Brien.
Front L-R: Ellie Kinihan, Jane Mayrand, Grainne O'Brien, Anya O'Mahony, Darci Sheehan, Kiara Sheehan, Doireann Maloney, Tessa O'Dwyer, Shauna Cleary. (Missing Faye Murphy and Aoife Keane)

Tipperary LGFA introduced this new competition, and it has been a great success for the County Board and clubs as it gave our U12 girls the facility to show the skills they've developed playing Go Games and using them under the rules they will play at U14 next year. Our team was entered into Division 3, with 3 league games against Killenaule, Arravale Rovers and Ballina.

The girls advanced from their group and played Golden/Kilfeacle in a semi-final on Thursday 30th October in stormy conditions under lights. They showed great resilience and came out victorious on a scoreline of 4-09 to 3-06.

Unfortunately we came up against an exceptional Killenaule team in the final and our girls battled to the final whistle but fell short.

Many thanks to Brian McGrath and John Hayes for their time helping with this team.

Deirdre Hayes

Under 14's, 15's, 16's

Very successful year started began with basic conditioning training in Abbey CBS led by Stuart Moloney. this formed basis for training and match warm ups throughout the year.

Under 14:

Went through the Division 4 league unbeaten with wins over Clonmel Og, Ballina, Borriskane and a league final win over Ballina.

Promoted to C Grade for championship and went through the group stage losing only 1 game to Ballina, with wins over Killenaule, Silvermines, Moycarkey Borris, St Pats. We again met Ballina in the C Championship Platinum final and won by 2 points.

Over highly entertaining year using 24 players throughout league and championship. High level of commitment to training and excellent attitude throughout the year. Girls should be commended.

Under 15:

Placed in Group C for Feile, played in Ballycahill, with only 2 extra players that were not available for u14. Won first game v Fethard and lost second game against Holycross Ballycahill and failed to progress by a narrow scoring margin.

Under 16:

Played in D Division for Championship and reached the county final with wins over Roscrea and Moycarkey Borris and an epic county semi final vs Clonmel Commercials. Lost the county final to a highly fancied and mature Ballyporeen side. Great credit due to this team as many of the older girls had a long stretch between games due to continued involvement with u14 championship.

Throughout the year the team took part in some team bonding sessions, namely ice skating in Limerick in Jan and team trip to Croke Park for LGFA final day.

Team management was Stuart Moloney, Martina Moloney and John Sheehan with Pauline Chapman on First Aid. All would like to commend the girls on commitment and attitude all year and to thank parents for encouragement and support.

Aherlow ladies football AGM report

Lar Ivory took over management in mid February and trained for the first month with some of the players leading the training. In mid March we got Pat Galvin, Seamus Grogan, David Hennessy, Stephen Chapman and Damien Peters on board. We trained twice a week from then until we were out of the Championship in September.

A huge commitment was given by everyone and we were very unlucky with the number of injuries that occurred during the year. Without trying to make excuses these injuries probably cost us a County title.

Thanks to Pat Galvin and the entire selection panel to FLO Amy Childs, First Aid Pauline Chapman and Anne Carew for their commitment during the year.

Also thanks to Ger Fahey for his sponsorship of training gear.

Pat Galvin has expressed an interest in continuing with Aherlow for the coming year and has also stated that we need to get strength and conditioning coaching for the coming season.

League and Championship results below

League 13/04 conceded to Galtee Rovers

06/04 Aherlow 1-2 Fethard 7-6

23/04 Aherlow 2-9 Templemore 1-14

Challenge games played V Ballylanders, Ardfinnan and Oola

Championship

27/07 Aherlow 3-11 Galtee rovers 0-7

10/08 Aherlow 1-8 Clonmel commercials 1-9

24/08 Aherlow 2-13 Cappawhite 3-5

07/09 Aherlow 2-9 Fethard 2-7

20/09 Co Semi final Aherlow 0-10 Brian Borus 3-5

Treasurer's Report

The club balance is currently €7,763 as of this week. I have reached out to the County Treasurer to confirm any outstanding fees that are owed.

There have been incredible fundraising efforts throughout the year. Funds raised included:

€4,065 was raised in our Easter draw. Huge thanks to all our sponsors and especially to Amie Sheehan who organised it all. This was a superb fundraiser particularly as it required all juvenile families to participate through the sponsorship cards and some of the draw prizes made available were fantastic.

€2,730 was raised by the Senior ladies Team in their pub quiz during October again a fantastic achievement led by the ladies. This amount covered training costs for the senior ladies' team in full.

I've reached out to the clothes collection company for a date, but later this week we will begin advertising for Saturday morning collections during December depending on people's availability.

I also reached out to a client of mine a few months back and they've assured me they will either make a cash donation or sponsor a set of jerseys next year so before we recommence, we can confirm which age group in particular needs a new set.

Siobhán and Bríd have begun organising a Dunnes Stores bag pack. Two days are available but to fulfil those dates we do need volunteers from the wider club community to volunteer. We will post more information on this in the coming days.

Brian McGrath